



केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/AP&AD(AC)/2026

Date: 12.01.2026

Circular No: Acad-03/2026

All the Heads of Schools affiliated to CBSE

Subject: Pariksha Pe Charcha (PPC) 2026 : Bouquet of activities - reg.

Pariksha Pe Charcha (PPC) is an interactive initiative of the Hon'ble Prime Minister aimed at helping students approach examinations with confidence and positivity by transforming exam stress into a celebration of learning. The **9th edition of PPC (PPC 2026)** is proposed to be held in the **last week of January, 2026 (tentatively)**.

As part of the annual run-up to Pariksha Pe Charcha, the period from **12th January (Swami Vivekananda Jayanti as National Youth Day) to 23rd January, 2026 (Netaji Subhas Chandra Bose Jayanti as Parakram Diwas)** is observed through a series of student-centric engagements across schools. Accordingly, it has been decided to organise a bouquet of activities at the school level during this period for PPC 2026 as well, to further strengthen student participation and ownership.

The activities will commence with **Swadeshi Sankalp Daud - student run/walk for self-reliance (#SwadeshiPPC)** on **12th January, 2026**. Schools are requested to ensure enthusiastic participation and share photographs and brief details of the activities on social media using the suggested hashtags (#SwadeshiPPC). A detailed Concept Note on the bouquet of activities is enclosed as **Annexure**.

Schools may also upload photographs and brief details of the activities on the designated Google tracker, the link for which will be shared separately.

On the concluding day, i.e., 23rd January, 2026, a Quiz/Writing Competition will be organised on **23rd January, 2026** for which you are requested to select students from your school and ensure their participation in the identified Kendriya Vidyalaya of your district. The Quiz /writing competition may be covered in the local news/media/social media to create adequate buzz for PPC 2026.

You are requested to encourage students to participate in all the activities and submit a **consolidated report** of activities undertaken after completion of the programme at the link given below:

Link- <https://forms.gle/sSgKQ6EQA4vA4exm7>

With best wishes!

(Dr. Praggya M. Singh)
Professor & Director (Academics)

केन्द्रीय माध्यमिक शिक्षा बोर्ड एकीकृत कार्यालय परिसर, सेक्टर 23, फेस - I, द्वारका, न्यू दिल्ली - 110077

CBSE Integrated Office Complex, Sector 23, Phase - I, Dwarka, New Delhi - 110077

Telephone: 011-24050612, Website : www.cbseacademic.nic.in





केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



Copy to the respective Heads of Directorates, Organisations and Institutions with a request to disseminate the information to all the schools under their jurisdiction:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil – Ladakh
12. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Jharkhand Education Project Council, Old HEC High School, JSCA Stadium Road, Jagannathpur, Sector-III, Dhurwa, Ranchi-834004 (Jharkhand)
14. Navy Education Society, Dte of Naval Education, Naval Headquarters, Ministry of Defence, West Block-V, RK Puram, New Delhi-110066
15. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
16. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
17. DS to Chairperson, CBSE
18. Secretary/ Controller of Examinations/ All Directors, CBSE
19. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
20. All Joint Secretary/ Deputy Secretary/ PPS/SPS/Under Secretary/ Assistant Secretary, CBSE
21. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
22. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
23. In-Charge, Library
24. Record File

Professor & Director (Academics)

केन्द्रीय माध्यमिक शिक्षा बोर्ड एकीकृत कार्यालय परिसर, सेक्टर 23, फेस -I, द्वारका, न्यू दिल्ली -110077

CBSE Integrated Office Complex, Sector 23, Phase -I, Dwarka, New Delhi - 110077

Telephone: 011-24050612, Website : www.cbseacademic.nic.in



ANNEXURE

CONCEPT NOTE: Bouquet of Activities

1. Background

The 9th edition of Pariksha Pe Charcha (PPC 2026) is proposed to be held in the last week of January, 2026 (tentatively), wherein the Hon'ble Prime Minister will interact with students, teachers and parents from across the country. Online registration for PPC 2026 have commenced on the MyGov.in portal on 1st December, 2025 and will continue up to 11th January, 2026. As on 1st January, 2026, registrations have crossed a record figure of over three crore, encompassing students, teachers and parents nationwide.

2. Bouquet activities for PPC 2026

As part of the annual run-up to *Pariksha Pe Charcha*, the period from 12th January (Swami Vivekananda Jayanti celebrated as the National Youth Day) to 23rd January (Netaji Subhas Chandra Bose Jayanti celebrated as the Parakram Diwas) is observed each year through a series of student-centric engagements across schools. Accordingly, it has been decided to organise the following bouquet of activities at the school level during this period for PPC 2026 as well: -

I. Swadeshi Sankalp Daud – student run/walk for self-reliance (#SwadeshiPPC)

(To be observed on 12th January - National Youth Day)

Swadeshi runs may be conducted by schools, institutions in public spaces in 2Km/3Km or 5Km formats with an aim to cherish Swami Vivekananda Ji's vision and mantras of a self-reliant India with Youth stressing on Physical Fitness and Nation Building. The Special Module on "Swadeshi", prepared by NCERT and available digitally on the website may be used for activities. The following Swadeshi Sankalp (Pledge) shall be taken before start of the Run by the participants –

PLEDGE

"I, a (student/teacher/citizen) of my beloved Bharat, solemnly pledge to uphold the spirit of Swadeshi by consciously choosing and promoting Indian-made products in our daily lives. We commit ourselves to rising of Atmanirbhar Bharat by supporting

national initiatives such as Vocal for Local, Make in India and One District One Product, thereby empowering local artisans, entrepreneurs, and industries.

With dedication and national pride, I commit to contributing to the Hon'ble Prime Minister's vision of building a strong, self-reliant, and developed India—Viksit Bharat—by 2047."

संकल्प

"मैं, अपने प्रिय भारत का एक (छात्र/शिक्षक/नागरिक), स्वदेशी की भावना को बनाए रखने हेतु सत्यनिष्ठपूर्वक यह संकल्प करता/करती हूँ कि अपने दैनिक जीवन में भारतीय निर्मित उत्पादों का सचेत रूप से चयन करूँगा/करूँगी तथा उनका प्रचार-प्रसार करूँगा/करूँगी।

हम 'वोकल फॉर लोकल', 'मेक इन इंडिया' तथा 'वन डिस्ट्रिक्ट वन प्रोडक्ट' जैसी राष्ट्रीय नवाचारों का समर्थन करते हुए आत्मनिर्भर भारत के उत्थान के लिए स्वयं को प्रतिबद्ध करते हैं, जिससे स्थानीय कारीगरों, उद्यमियों एवं उद्योगों को सशक्त बनाया जा सके।

राष्ट्रीय गौरव एवं पूर्ण निष्ठा के साथ, मैं 2047 तक एक सशक्त, आत्मनिर्भर एवं विकसित भारत—'विकसित भारत'—के निर्माण हेतु माननीय प्रधानमंत्री के दृष्टिकोण को साकार करने में अपना योगदान देने का संकल्प करता/करती हूँ।"

(States/UTs may translate and administer the oath in their local Bhartiya Bhasha.)

II. Vande Mataram – The Mantra of Freedom (#VandeMataramPPC)

As India commemorates 150 years of "Vande Mataram", the song stands as a timeless symbol of the nation's freedom struggle and collective consciousness.

In this backdrop, students may be given an appreciation of the history of Vande Mataram and its evolution on the way of becoming the National Song (history, author, pretext, symbolism, contribution in the freedom struggle, and etc) in schools followed by its recitation.

III. Indigenous Games Sessions (#BharatiyaGamesPPC)

India's indigenous games reflect the country's rich cultural heritage and traditional wisdom, promoting physical fitness, teamwork and values of fair play. Schools and institutions may encourage students to participate in **Bharatiya Khel** such as **Kho-Kho, Kabaddi and Shatranj**, to revive interest in traditional sports and promote joyful learning.

IV. **Meme Creation by Students (#StudentVoicesPPC)**

Meme creation enables students to creatively express their views on examinations, life skills and national values through contemporary digital formats. Inspiration can be drawn from India's official mascots (cartoon characters such as **Gajraj (G20)**, **Shera (Commonwealth Games)** and **Pragyan (Chandrayaan-3)**) are suggested to be used, through which students can communicate ideas with positivity and purpose.

V. **Nukkad Natak on Exam & Life Skills (#ExamWarriorPPC)**

Shorts skits/thematic plays can be demonstrated by students to create awareness on exam-stress management, skilling opportunities, spiritual healing, self-motivation, optimum parenting etc.

VI. **Short Videos & Student Testimonials (#LetsTalkPPC)**

Like every year, students may share their feedback, experiences of the positive impact imparted on them by PPC and the learning outcomes derived from it. Bytes/short feeds/reels of the students may be captured and broadcasted through all official channels/means.

VII. **Student Anchor – Student Guest Interactive Sessions (#StudentDialoguePPC)**

Interactive sessions with guests may be organized where students should take the lead by compering, orienting and engaging in discussions. The students may actively engage guests through thoughtful questions and discussions. These activities should focus more on creating a safe space for students to understand emotions, manage stress, build resilience and empathy through guided discussions and expert interactions.

VIII. **Yoga-cum-Meditation Sessions (#YogaForPPC)**

Dedicated meditation, spiritual-healing, yoga and allied activity sessions may be organized by the schools/institutions to engage students on a macro level to foster calm and peace among students. Practices such as deep-breathing, thoughtless-mind and guided healing, mental-health, well-being, and etc. may be utilized.

IX. Poetry and Songs by Students (#TellTalesPPC)

Poetry, prose and song compositions may be inculcated highlighting India's rich cultural history, traditions, freedom struggle and civic sense to awaken the spirit of Nationalism and belongingness among the upcoming generation of the country. The compositions may just not be limited to traditional compositions, but should suitably appeal to the Gen-Z.

X. Poster Making Activities (#MyPPC)

By using colours, symbols, and impactful messages, students communicate positive thoughts and awareness creatively, these activities should encourage imagination, critical thinking, and value-based expression among our bright young minds.

xi. Quiz on #OpSindoor (To be observed on 23rd January – Parakram Diwas)

The campaign may culminate on 23rd January, 2026 with a focussed Quiz on Operation Sindoor—India's firm and decisive response against terrorism to protect innocent lives and uphold national security. NCERT will curate a quiz for the purpose and submit to DoSE&L. DoSEL would forward this to KVS/NVS to supplement their efforts.

All States/UTs and other autonomous bodies of the central govt. will select children from their schools to participate in the Quiz Competition organized by the identified KVS/NVS in the district.

3. Theme

For PPC 2026, all the bouquet of activities shall be carried out with the central themes of Swadeshi and the celebration of the courage and valour of our armed forces and their self-less service to the nation (Op Sindoor). Other themes promulgated by the Central Govt. may be incorporated as needed.

4. Appreciation to the participants

For the outstanding performers who enthusiastically participate in the activities, Organizations may award them by dissemination of the NCERT's specially designed e-modules on various Nation Building Initiatives. The highly acclaimed special modules have been placed in public domain at: https://ncert.nic.in/special_modules.php?ln=en.

5. Logistics Support

The Kendriya Vidyalaya Sangathan (KVS), will take a lead in organizing the quiz/writing competitions (being the Nodal Officer for the purpose) across the country on 23rd January, 2026 (Parakram Diwas). KVS will organize the competition for students of all schools (viz. Central schools, CBSE affiliated schools and State Board schools) in one KV school in every district and in NV school in case KVS is not present in close vicinity. Expenditure for the same will be met by KVS.

NCERT will act as the knowledge partner for the Quiz competition by curating the Op Sindoor quiz.
